

24 Hour Timed Urine Collection

Instructions:

- 1) Some 24 hour urine tests require preservatives to be added prior to collection. Contact the laboratory to obtain the appropriate jug(s).
There may be a hazard sticker as well as a sticker identifying the specific hazard attached to the jug.
- 1) Instruct patient to maintain a normal diet and fluid intake before and during collection unless the provider has specified otherwise.
- 2) Patient must note date and time of beginning and end of collection on this form and deliver to laboratory with jug(s). If not ordered electronically, the patient may also need to bring a physician order (laboratory requisition).
- 3) Keep the 24 hour timed urine jug in an upright position at all times.
- 4) Patient must also be sure the white cap is securely screwed on top of the jug.
- 5) Patients must not urinate directly into the container. Use the hat provided or urinate into a clean container and carefully pour the urine into the jug.
- 6) Instruct patients to keep the jug out of reach of children.
- 7) Patients must keep the jug in a cool place during collection. Refrigerate or place in a cooler with ice. Do not store urine in a different container than the one provided.
- 8) **BEGIN COLLECTION**
Collection period begins when the patient gets up in the morning and urinates directly into the toilet. Record the date and time on the collection form.
- 9) **Collection Begun** Date: ___/___/___ Time: ___:___ AM / PM

Patients must collect and save all urine passed for the next 24 hours.

- 10) The final collection should be approximately 24 hours from the start of collection, collect your first urination in the morning. Record the date and time on the collection form.

Collection Completed Date: ___/___/___ Time: ___:___ AM / PM

If the patient has collected more than one container, indicate so on this collection form.

Refrigerate sample until delivery to the laboratory.

All 24 hour timed urine samples should be delivered to the lab within 12 hours of completion of the collection.

Failure to follow these instructions may result in the need to recollect the sample.

- Be sure sample is labeled with full name and date of birth.
- Be sure the cap is secure on the top of the jug and keep jug upright.
- Mix container following each addition of urine.

Warning: Acid causes severe burns of skin and eyes. Do not get in eyes, on skin, or on clothing. Do not breathe fumes. In case of eyes or skin contact, immediately flush with plenty of water and contact emergency room at 802-334-7331. If you have any questions, please call the laboratory at 802-334-3222

Lab Use Only:

Total Volume _____ Initials _____