

INSTRUCTIONS FOR PATIENTS COLLECTING A URINE CULTURE

Your Clinician has ordered a urine culture. Below are two sets of instructions, one for patients with a penis and one for patients with a vagina:

PATIENTS WITH A PENIS

1. Wash your hands.
2. Remove the cap from container. Be careful not to touch inside of cap or container. Set cap down with inside facing up.
3. Expose your penis as you normally do to pass urine. Pull back foreskin (if indicated). Using the towelette, wash the skin around the opening by wiping away from the opening 3 times using a clean towelette each time.
4. Start voiding in toilet. Catch urine mid-stream in cup being careful not to touch inside of cup. Finish urinating in toilet.
5. Put cap on container.
6. Leave container on counter.
7. Wash your hands. Thank you.

PATIENTS WITH A VAGINA

1. Wash your hands.
2. Remove the cap from container. Be careful not to touch inside of cap or container. Set cap down with inside facing up.
3. Hold the layers of the skin apart with one hand. With the other hand using the towelettes wash the skin around the opening by wiping from front to back 3 times using a clean towelette each time.
4. Start voiding in toilet. Catch urine mid-stream being careful not to touch inside of cup. Finish urinating in toilet.
5. Put cap on container.
6. Leave container on counter.
7. Wash your hands. Thank you.

PLEASE MAKE SURE THE CAP IS ON TIGHT! THANK YOU

COLLECTING URINE SPECIMENS FROM INFANTS AND SMALL CHILDREN

Routine Specimen Procedure

1. Separate child's legs.
2. Be sure pubic and perineal areas are clean, dry, and free of mucus. Do not apply powders, oils, or lotions to skin.

Patients with a Vagina:

1. Remove protective paper, exposing hypoallergenic skin adhesive.
2. Press adhesives firmly to skin all around the vagina. Be sure to start at the bridge of the skin separating the rectum from the vagina and work forward.
3. Check container every 15 minutes.
4. Retrieve collected specimen from patient.
5. Place specimen in urine cup, secure cap, label cup (not lid) and transport.

Patients with a Penis:

1. Stretch perineum to remove skin folds.
2. Fit bag over penis and press flaps firmly to perineum.
3. Make sure entire adhesive coating is firmly attached to skin with no puckering of adhesive.
4. Check container every 15 minutes.
5. Retrieve collected specimen from patient.
6. Place specimen in urine cup, secure cap, label cup (not lid) and transport.

Specimen for Microbiological Culture

1. Separate child's legs.
2. Cleanse pubic and perineal areas with soap and water and dry, so that areas are clean, dry, and free of residual soap. Do not apply powders, oils, or lotions to skin.
3. Remove protective paper exposing hypoallergenic skin adhesive.

4. Check container every 15 minutes.
5. Retrieve collected specimen from patient.
6. Place urine in cup, secure cap, label cup and transport.

REJECTION CRITERIA

- Information on requisition and container must agree.
- Elapse of time between specimen collection and receipt in laboratory is not acceptable.
- Microbiological specimen not refrigerated.
- Volume not adequate.
- Specimen container contaminated on the outside.

PROCEDURE FOR REJECTION

1. If the specimen does not meet acceptable criteria, contact the collecting unit and ask for a new specimen.
2. Write the reason for specimen rejection on requisition form or in LIS and initial.
3. Any specimen that is a one-time collection and cannot be obtained again will be held a maximum of 48 hours before discarding.